

## REGISTRATION FOR THE ME/CFS SYMPOSIUM

**August 31<sup>st</sup>, 2019 at Campus Guest  
Universitätsplatz 34, D-70569 Stuttgart**

First name, Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode/town: \_\_\_\_\_

Telephone number: \_\_\_\_\_

E-mail: \_\_\_\_\_

Language skills (Ge., En., Fr., It.): \_\_\_\_\_

I am:

- Member** (20,00 Euro)  
 **no member** (30,00 Euro)

*(Drinks and meals are included in the conference fee,  
parking is available to a limited extent near the hotel – for a fee.)*

For a binding registration, please transfer  
the conference fee to the account of  
Fatigatio e.V.:

Commerzbank Bonn  
IBAN: DE17 3804 0007 0222 2222 00  
BIC / SWIFT: COBADEFF380  
Purpose: "ME/CFS-Tagung 2019"

**Please send this registration section to:**  
Fatigatio e.V., Albrechtstraße 15, 10117 Berlin  
Tel.: +49 (0) 30 / 3 10 18 89-0  
Fax: +49 (0) 30 / 3 10 18 89-20  
E-Mail: [info@fatigatio.de](mailto:info@fatigatio.de)  
Web: [www.fatigatio.de](http://www.fatigatio.de)

## SPEAKERS

### Our medical speakers:

**Prof. Dr. med. Uta Behrends**  
Clinic and Polyclinic for Pediatric and Adolescent  
Medicine of the Technical University of Munich

**Dr. rer nat. Bhupesh K. Prusty**  
Institute of Virology and Immunobiology,  
Biocentre University of Würzburg

**Dr. med. Philipp Steininger**  
Institute of Virology, Clinical and Molecular  
Virology, University Hospital Erlangen

**Prof. Dr. med. Wolfgang Huber**  
Specialist for internal medicine, nephrology and  
environmental medicine in Heidelberg

### International speakers:

**Linda Tannenbaum**  
CEO / President of the Open Medicine Foundation  
(OMF), California (USA); connected via skype

**Nancy Van Hoylandt**  
Vice-President European ME Alliance (EMEA),  
Brussels, and Board Member European Federation  
of Neurological Associations (EFNA)



## ARRIVAL DESCRIPTION

**campus.guest – Guesthouse of the University of Stuttgart**  
Universitätsstraße 34, 70569 Stuttgart-Vaihingen  
Tel. +49 (0) 711 / 974 64-0  
Web: [www.campus-guest.de](http://www.campus-guest.de), E-mail: [reservierung@campus-guest.de](mailto:reservierung@campus-guest.de)



A detailed map of the university with information on accessibility  
can be found at [www.vvs.de](http://www.vvs.de) under "Karten und Pläne" (or scan QR Code).

**Room reservation:** There are 20 contingents for single rooms to 59,00 Euro  
from Aug 30th, 2019 to Sept 1st, 2019 with the keyword "Fatigatio e.V."  
directly in the hotel available until Aug 9th, 2019.

**Parking:** Meeting and overnight guests can use the underground car park  
for 3,00 Euro per day. Sufficient parking lots should be available.

**Public transport:** S-Bahn S1, S2, S3, bus line 84, 746, 747, 748

### Directions & distances:

- Nearest S-Bahn station "Stuttgart Universität", approx. 200 m on foot,  
barrier-free exit
- Next bus stop "Universität Schleife" (line 84, X60, X74) directly on campus.  
guest and bus stop "Universität" about 300 m walk
- Next motorway B14 / "Universitätsstraße" 2 minutes by car
- Campus Stuttgart-Vaihingen: 2 minutes on foot
- Stuttgart main station ("Hauptbahnhof") 18 minutes by car, 17 minutes  
by S-Bahn
- Stuttgart Airport 18 minutes by car, 17 minutes by S-Bahn

**ME / CFS symposium  
Sat., August 31<sup>st</sup> 2019**

"Paths out of the labyrinth"



**Stuttgart**  
**Location: Campus.Guest**  
(Guesthouse of  
University of Stuttgart)

## THE LEAD TOPIC OF THE CONFERENCE

### “Paths out of the labyrinth”

The main topic of this year’s conference of the Fatigatio e.V. is the connection between a viral trigger and the onset of the severe and chronic Myalgic Encephalomyelitis / Chronic Fatigue Syndrome (ME/CFS).

A large number of studies, all in the last year alone, led to an open and joint collaboration of scientists worldwide: For example, changes in the metabolism, in the microbiome, in the immune system and in the autonomic nervous system (ANS) could be detected. These building blocks pave the way out of the labyrinth of the alleged somatization disorder and provide opportunities for research into diagnostics and drug therapy for ME/CFS.

Until the final breakthrough, however, the patient is required to provide evidence to physicians, assessors and institutions. For this reason, criteria are also presented that have already proven themselves in some expert reports and can facilitate the path of dealing with the institutions.

It might seem so but we are not fighting alone: The strategies pursued by the “European ME Alliance” (EMEA) and the European Federation of Neurological Associations (EFNA) to improve care to those with ME/CFS in Europe are another highlight of the event.

Before, during and after the event it is possible to contact representatives of the patient organizations and exhibitors.

For doctors and scientists there is an extra room for personal exchange.

**Federal Association Fatigatio e.V.**, The Board

## PROGRAM

### Symposium 2019 in Stuttgart Leading topic: “Paths out of the labyrinth”

9.00 **Reception, meeting and getting to know each other**  
–10.00

10.00 **Welcome by the Board**  
–10.15

10.15 **Prof. Dr. med. Uta Behrends**  
–11.00 “Epstein-Barr virus (EBV)-associated diseases including the CFS in children and adolescents”

11.00 **Break**  
–11.15

11.15 **Dr. rer. nat. Bhupesh K. Prusty**  
–12.00 “Why should we learn more about Human Herpes Viruses (HHV6 and HHV7)?”  
(English with German translation)

12.15 **Dr. med. Philipp Steininger**  
–13.00 “Characteristics of Metabolism in Chronic Fatigue Syndrome”

13.00 **Lunch break and International Café**  
–14.15

For news and more detailed information about the lectures visit: [www.fatigatio.de](http://www.fatigatio.de)

14.15 **Prof. Dr. med. Wolfgang Huber**  
–15.00 “The confrontation with the institutions from a medical point of view”

15.15 **Linda Tannenbaum via Skype conference**  
–16.00 “How to Speed Up Open and Joint ME / CFS Research?”  
(English with German translation)

16.15 **Nancy Van Hoylandt**  
–17.00 “Strategies in Europe”  
(English with German translation)

17.00 **End of the event**

*Changes in the program are reserved.*

### Support Fatigatio e.V. with your donation!

Commerzbank Bonn  
IBAN: DE17 3804 0007 0222 2222 00  
BIC / SWIFT: COBADEFF380  
Purpose: “Spende”

## IMPORTANT GUIDELINES

- We urge you to refrain from using perfumes or other fragrances for those who suffer from chemical hypersensitivity.
- If possible, leave mobile phones in the vehicle or in the room, otherwise switch them off.
- We would like to remind all participants that photo and film recordings for a DVD will be made during the conference. Participants who do not want to be filmed or photographed, please sit in the back of the conference room. Many Thanks!
- There is a relaxation room with loungers and some sun loungers in the meeting rooms.
- Transmission via livestream and later upload to the Fatigatio youtube channel:  
<https://www.youtube.com/channel/UC8eFBwILKRmblGvtVxXAFg>

**We wish all participants  
a pleasant journey!**

*A special thank you is due to the  
BKK Dachverband e.V. which made our  
symposium possible.*

